



INSTRUCTIONS FOR SHOWING THE LIFE OF AN ATHLETE DVD

To aid in the “Life of an Athlete” DVD presentation we have provided pre and post-survey questions matching those provided in the online course. At your discretion, you may choose to utilize these surveys to better gauge program impact as well as information gain.

Because this is an anonymous survey you will want to submit both surveys together, either stapled or printed two-sided with the pre-survey on the front and post-survey on the back.

Have your audience fill out the pre-survey prior to showing the presentation and instruct them to refrain from filling out the post-survey until the conclusion of the presentation.

At the conclusion of the presentation have your audience then fill out the post-survey and collect all of the responses.

You may then compare responses between the pre and post-surveys.